

Les Cévennes



Les Grands Causses



Regulation :

Art. 1 : This organization is open to every French or foreign bicycle tourist, FFCT (French Federation of Cycle Touring) members or not.

Art. 2 : The registration fee is 5€ for F.F.C.T members (photocopy of a valid registered card is required), 8€ for non-members. Under-aged must be supervised by a family member, legal representative or qualified educator.

Art. 3 : The aim of the cycling tour is to join the five « gateway towns » of Causses and Cévennes. The suggested routes of the tour are to be estimated by each participant and rotation is advised for respective elevation. The steps are defined to give a full overview of Causses and Cévennes. The departure can start from any town. The bicycle tour can be done in five days or more.

Art. 4 : Each participant is responsible for having his own route passport stamped and validated at the tourist office on arrival in each town with the date and the stamp and a second time on their way back through the same town. If the tourist office is closed, a stamp from a shop of the town or a picture with the bicycle in front of the tourist office will be accepted. Each participant will receive a description of the different steps. The participant is committed to respect the high-way code, nature and the environment.

Art. 5 : When the route passport is valid (tourist office stamp or market, or picture in front of the tourist office with the bicycle), each participant will hand in his route passport to be accredited by the correspondent of the association Cyclo Rando Alès en Cévennes.

Art. 6 : All the needed documents will be provided after registration by the person in charge at the association.

Art. 7 : A certificate of the bicycle tour will be awarded after validation of the route passport by the association Cyclo Rando Alès en Cévennes

Conception, realisation and printing did by ourself. Don't throw away on the public way.

Cyclo Rando Alès en Cévennes



A heritage to discover

Cycling tours of the five « gateway towns » of Causses and Cévennes

National Label N°312

5 Towns - 5 steps 396 km 6072 m of elevation

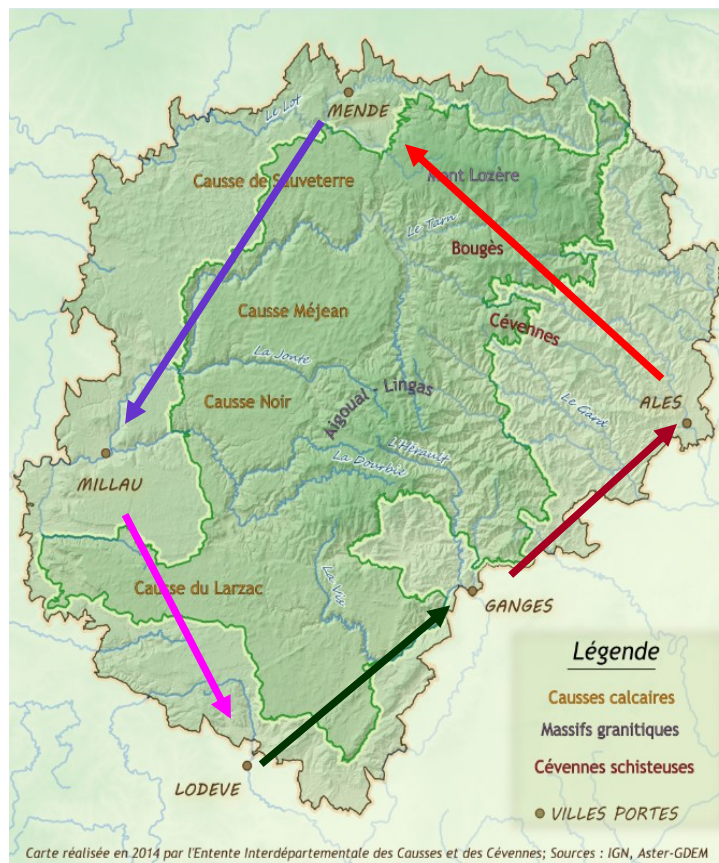


The committee of World Heritage approved the registration of the Causses and Cévennes territory to their world heritage list on 28th June 2011 because it is a living, progressive cultural landscape of Mediterranean agropastoralism. This area of 3023 km² is located in the French departments of Aveyron, Gard, Hérault and Lozère. This exceptional universal value is based on interactions for millenary of combined forces of nature and agropastoralism

- Landscapes of the Causses highlands have been shaped by agropastoralism for three thousand years. In the middle ages, the development of towns around the Mediterranean prairies and particularly the growth of religious institutions have generated the evolution of an agricultural structure based on agropastoralism whose founding principles are still in place today. Too poor to welcome towns, too rich to be deserted, the landscape of Causses and Cévennes is the resultat of the modification of natural environment by the agropastoral system used for one millennium. Causses and Cévennes both represent the different types of pastoral organisation found around the Mediterranean Sea.

This landscape which was built over several milleniums has made Causses and Cévennes a living protected example of European agropastoral patrimony which was indicated by their application on the official website of UNESCO'S World Heritage.

Within this registered territory, the following five towns, Alès, Ganges, Lodève, Mende and Millau, are true gateways to Causses and Cévennes. These towns are very different but they are linked by history and a territory which is classified today.



2 villages classified most beautiful of France
Villages of character
The Cévennes National Park
The Grand Causses Regional Park



Cyclo Rando Alès en Cévennes

REGISTRATION FORM

Please send to : Cyclo Rando Alès en Cévennes,
 97 Allée des Bleuets, 30520 Saint-Martin-de-Valgalgues
 Contact 06 26 26 14 30 (include a self-addressed
 4€ stamped envelope 162 x 229mm).

Last name : _____

First name: _____

Address : _____

Postal Code : _____

Town : _____

Phone Number : _____

E-mail : _____@_____

Date of birth: _____

Codep _____

Association: _____

AffiliationNumber _____

FFCT Licence Number : _____

I have read the Supplementary Regulations and I accept it in its entirety.

Registration fee: FFCT Members 5€

Non-members : 8€

Date & Signature